



**Psychiatric
Advance Directive™**
My Plan • My Voice

Psychiatric Advance Directives: a Multi-County Collaboration

Words to Deeds 2024

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Presented by

Kiran Sahota



What is a Psychiatric Advance Directive?

- Similar to the more familiar Advanced Healthcare Directive, a Psychiatric Advance Directive (PAD) is a legal document which inserts an individual's specific instructions or preferences specific to a behavioral health condition or treatment, in preparation for the possibility that the person may lose capacity to give or withhold informed consent to treatment during a crisis.
- A PAD is a voluntary tool to assist the individual in communicating in their own voice.
- PADs are part of the Patient Right's Act of 1990 yet remains relatively unknown and not widely use.

PADs Multi-County Project

PADs is a multi-county Innovation Project that seeks to **develop and pilot digital PADs** with target populations across the State.

Participating counties will **pilot PADs with adults**, and the decision to create a **PAD is voluntary**.

The innovative component is the **development and use of an electronic platform to create, store, access, and share PADs**.

The project includes two phases. Phase One, “the Build,” will run through June 30, 2025, and Phase Two, “the Roll-out,” will run from July 1, 2025, to June 30, 2029.

Phase I Counties

Shasta
Fresno
Mariposa
Monterey
Contra Costa
Tri-City
Orange



www.padsca.org

PADs Electronic Platform

Improves efficiency:

- Real-time accessibility
- Reduced liability

Improves quality of care:

- Personalized information on medication and treatment preferences
- Personalized crisis de-escalation recommendations
- Timely information to reduce hospital and jail recidivism

Increases care coordination

- Accessible if individual moves between counties
- Immediate connection to a personally appointed preferred contact or guardian

Special Considerations

User Permissions:

- Users will have the ability to decide who can access their PAD and its details during a crisis.
- Option to allow LE and Hospital access

Hello! 🖐️
I'm Richard.

He/Him



"I love dogs, the Dodgers,
and 70s rock n roll. I have
a wife and 4 daughters."

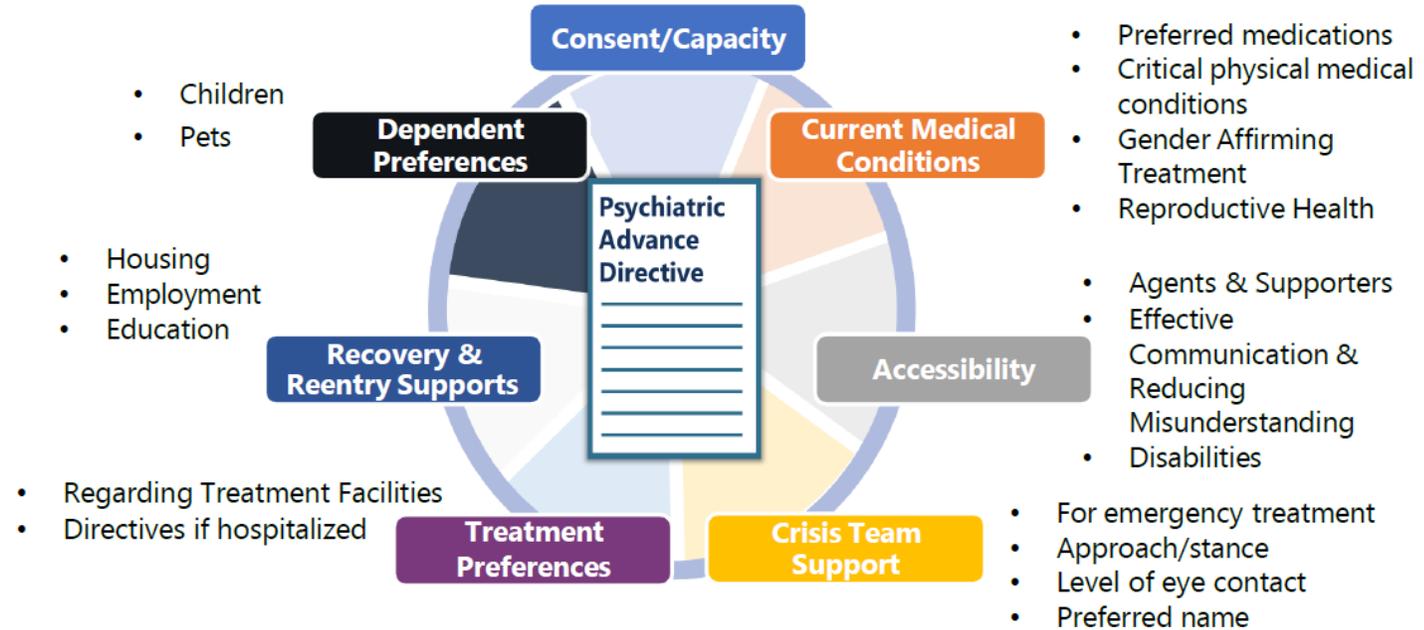
🕒 PAD last updated 3 days ago



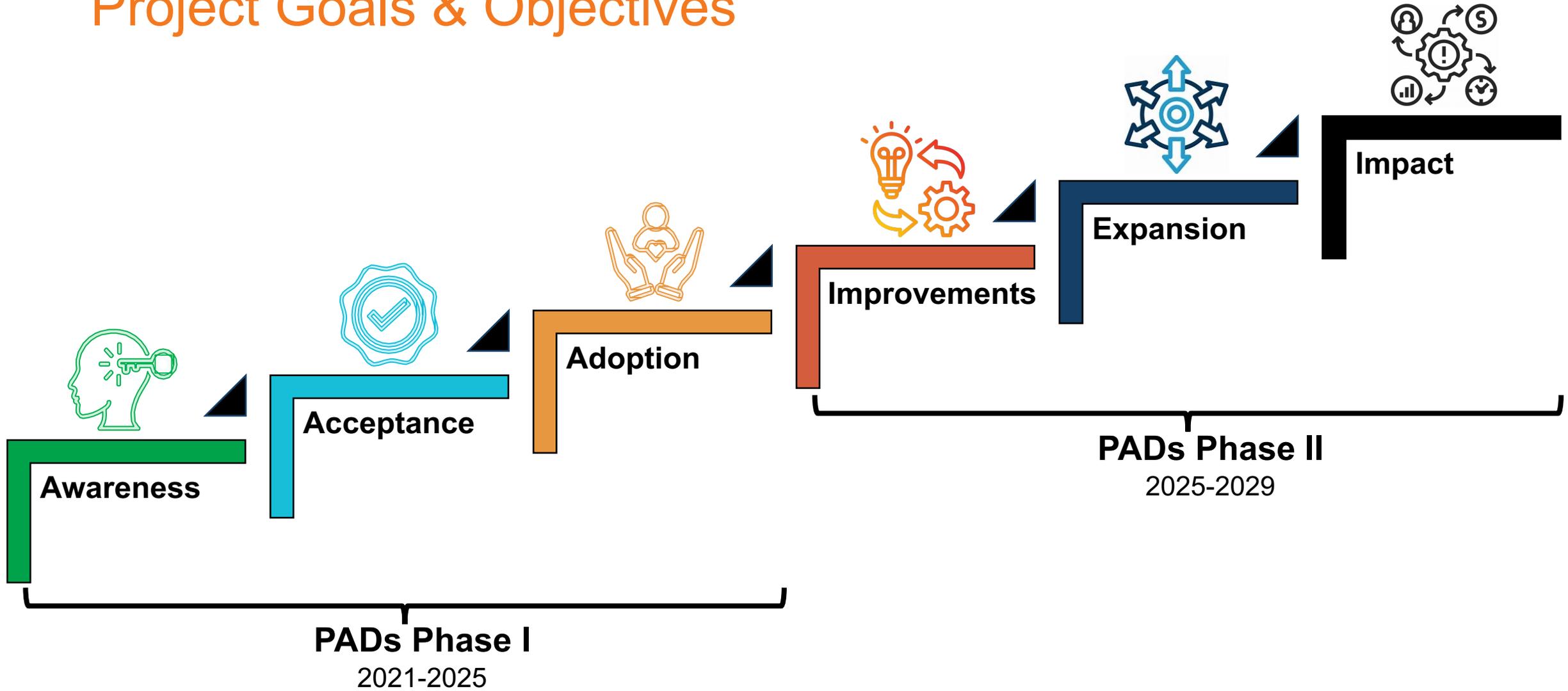
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Identified PAD Digital Categories



Project Goals & Objectives



PADs a Perfect Fit

Most importantly, digital PADs are a perfect fit across the continuum of care:

- Justice-involved, including 90-day in-reach with scheduled to release incarcerated,
- Assisted Outpatient Treatment (AOT),
- Full Service Partnership (FSP),
- Housing insecure,
- Individuals who visit Wellness Centers,
- Crisis Residential Programs,
- Follow-up after hospitalization (either in-patient or emergency department),
- Non-minor dependents, college students or transitional-aged youth (TAY), including college students and early psychosis intervention, and
- CARE Courts.

Metrics to Consider

Someone to call:

- Individuals fill out the PAD: BH departments, contracted Peer services, Legal Aid, Jails- “I have a PAD”
- Access for Crisis Teams, 988, 911/Dispatch- “Do you have a PAD?”

Someone to respond:

- Training for hospitals, crisis teams, and first responders- “Do you have a PAD?” or “I have a PAD”

Somewhere to go:

- Hospital ED or IPU, In-Patient and Out-Patient care, Crisis Res, BH Urgent Care, Jail- “Do you have a PAD? or “I have a PAD”

Thank You

www.padsCA.org

ksahota@conceptsforward.com