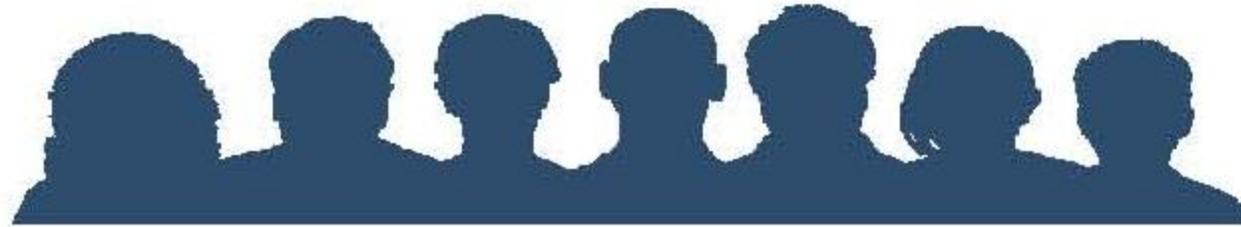


SacEDAPT



A unique County/University collaboration in Coordinated Specialty Care for Early Psychosis

Our Clinic Rationale

- Duration of untreated psychosis is associated with poor outcome
- Early in illness treatment response is robust
- Loss of function and treatment resistance follow repeated relapses
- Early intervention can improve functional outcome, prevent hospitalizations, homelessness, incarceration, addiction and suicide
- Tailored treatment pathways and therapies for early treatment and rehabilitation

UC Davis Early Psychosis Programs

- 2004: EDAPT Clinic Established by Cameron Carter, M.D..
 - Serves individuals ages 12-40 with FEP or CHR
- 2007 RWJF EDIPPP
- 2011: SacEDAPT launched through support of Sacramento County PEI/MHSA funds
 - Unique partnership between Sacramento County Mental Health and UCD Department of Psychiatry
 - Provides state-of-the-art care to transition age youth ages 12-30 across multiple levels of need
- 2014: Received SAMHSA Mental Health Block Grant funding to expand SacEDAPT, focuses on serving individuals ages 16+ with schizophrenia spectrum disorders

SacEDAPT Clinic

Goal: Improve outcomes for youth with serious mental illness

To do this, we:

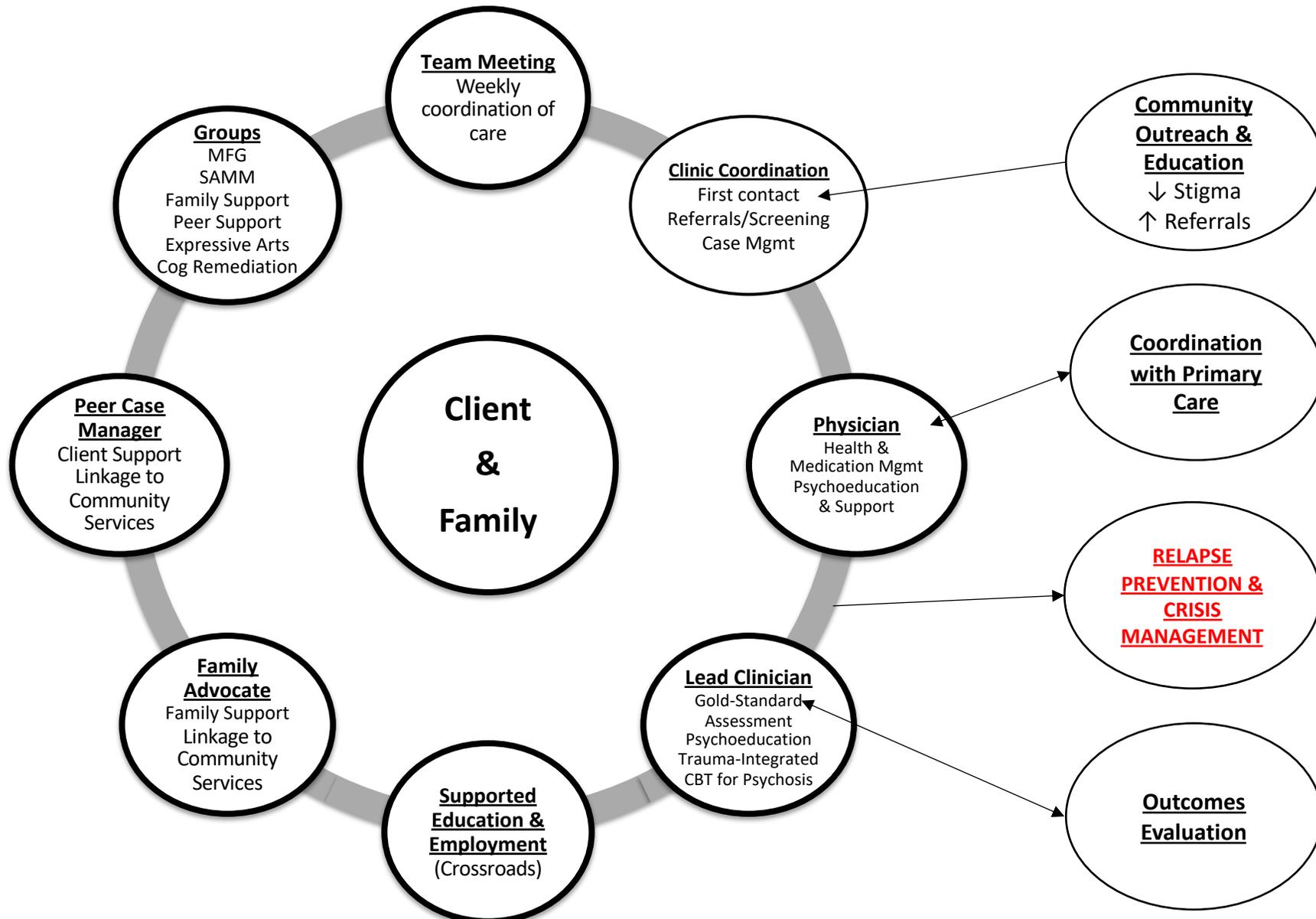
1. Provide high quality, evidence-based care to youth with early signs of psychosis and their families
2. Educate our community about psychosis to increase identification and reduce barriers/delays to care
3. Provide excellent training opportunities for a variety of healthcare professionals
4. Conduct research to inform the evidence base and lead the field as part of a global movement



We serve individuals on the psychosis continuum regardless of current diagnosis:

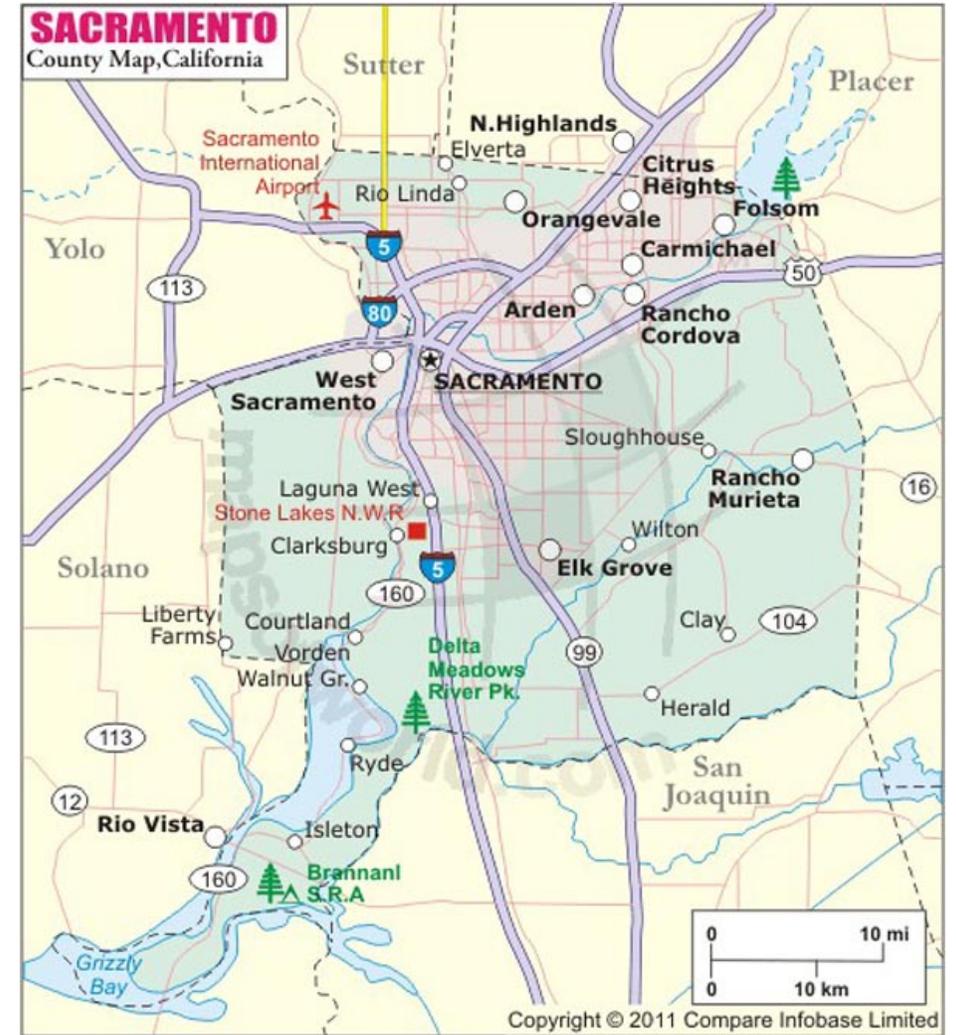
1. Recent onset of psychosis (within the past 2 years)
2. Attenuated positive symptoms (of any duration)
3. Recent deterioration in youth with a parent/sibling with a psychotic disorder

Coordinated Specialty Care for Psychosis



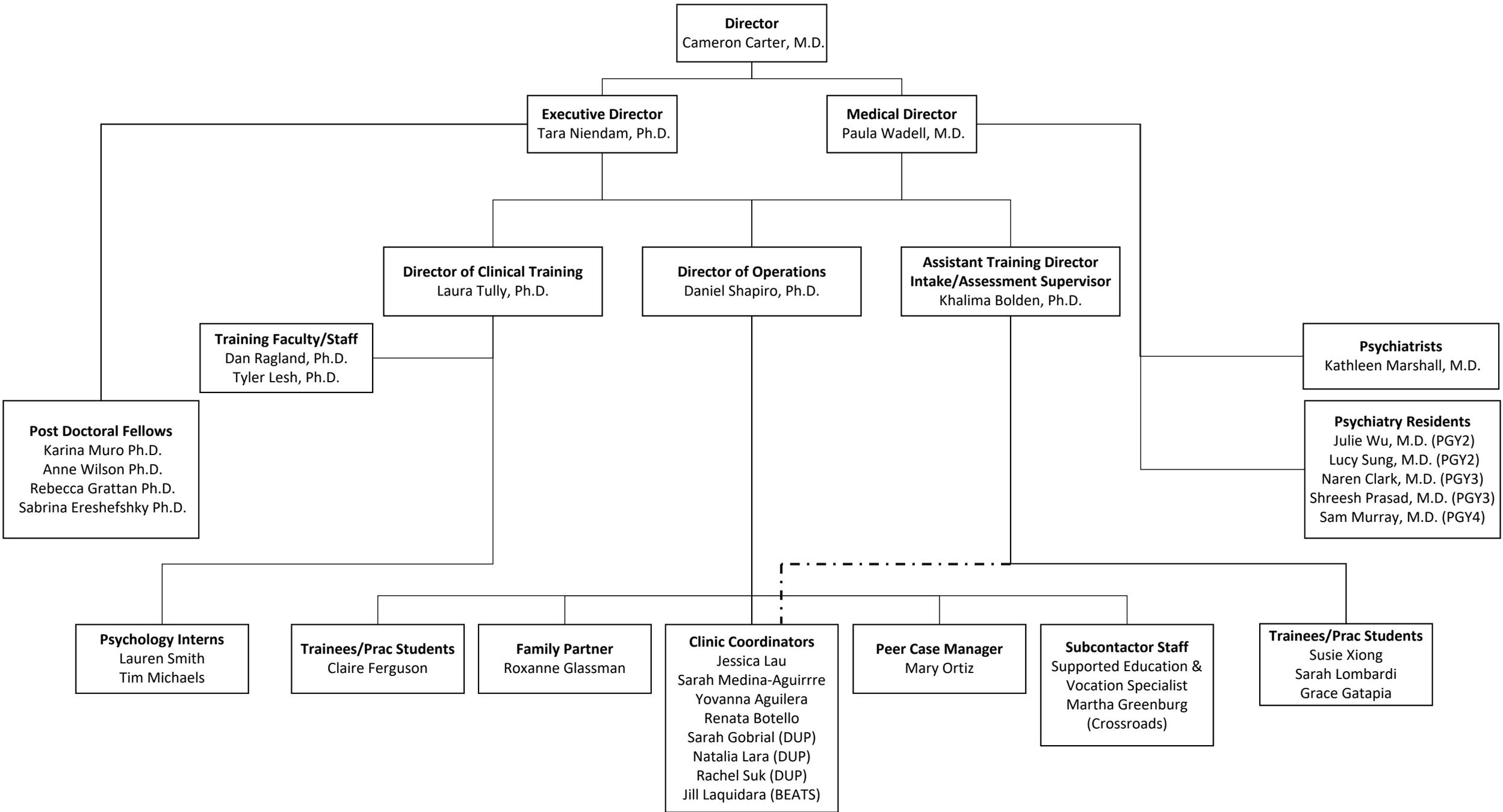
UCD SacEDAPT Clinic

- Sacramento County Medi-Cal (even Kaiser Medi-Cal) and Uninsured
- Ages 12-30 on Psychosis Spectrum
- Annual Sac County budget of \$1,000,710
- Aim to serve 75 clients per year
- Program length: 2 years
- Services provided to in 2018-19:
 - 229 Phone evaluations
 - 77 Intake Assessments
 - 65 in Treatment

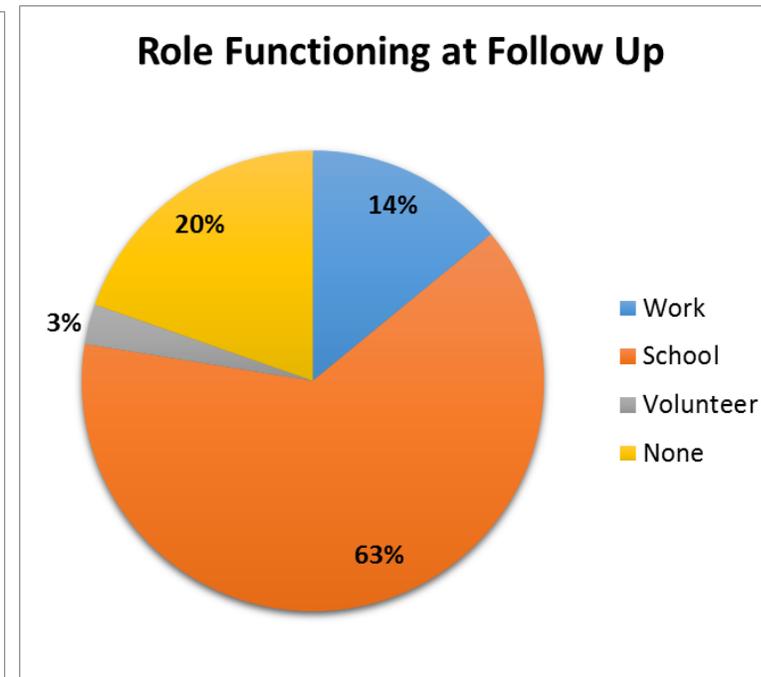
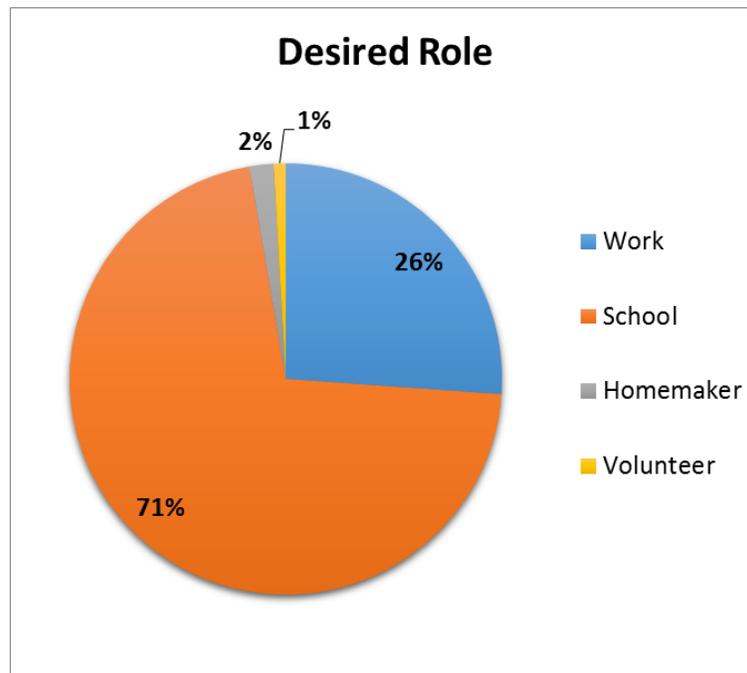


EDAPT Clinic

- Originally established in 2004
- Insurance as accepted by UC Davis Health
- Same premise and Coordinated Specialty Care model
- Case management and recovery services generally no reimbursed by insurance: a paradoxical disparity for the insured



Outcome Data



Preliminary Outcome Data

