

# Substance Use Respite & Engagement Program SURE

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#### **Mission**

Achieving regional health through high quality comprehensive care.



Everybody deserves to be seen, no matter who you are, where you come from, where you work or what place you call home.





# SURE Program

Model of Care



## **Substance Use Respite & Engagement**

The Substance Use Respite and Engagement (SURE) program provides short-term (4-12 hour) recovery, detoxification, and recuperation from the effects of acute alcohol or drug intoxication.

SURE is be staffed 24/7 with healthcare professionals to provide medical monitoring, SUD counseling, and connections to supportive services upon request.

Clients are transported to and from SURE directly by authorized referral partners and WellSpace Health mobile response. There is no 'walk-in' option.

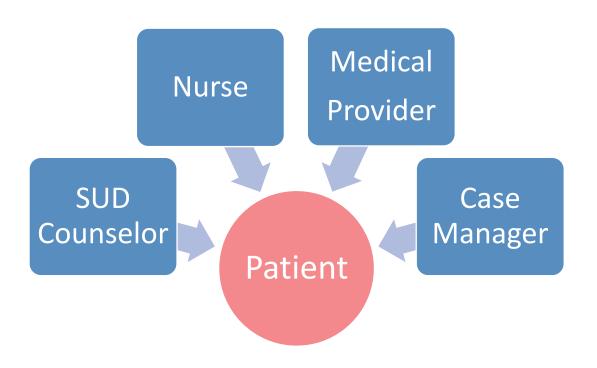


## 24/7 Services

- Medically monitored
- A bed or reclining chair
- Water, light snacks, shower, and bathroom
- Substance Use Disorder Counseling
- Case Management & Peer Support
- Transportation home



#### **Care Team**



- Program Manager
- Administration Assistant
- Transportation Technician
- Maintenance Technician

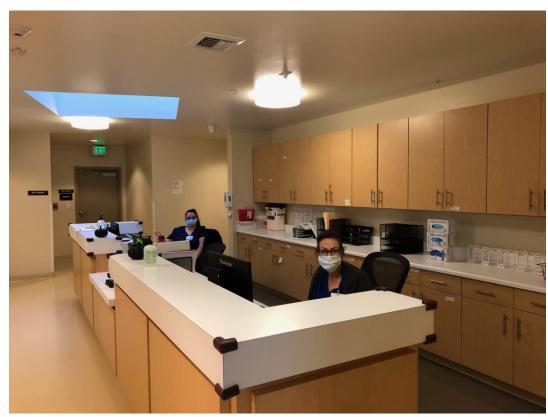
## **Facility**





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# **SURE Metrics**

Oct. 1, 2020 – Sept. 30, 2021



## Oct. 1, 2020 - Sept. 15, 2021

- 457 Unique Patients
- 875 Sobering Sessions
- 48% alcohol, 29% Amphetamine
- 70% male, 30% female
- 54% White, 21% Black/African American, 16% Hispanic/Latino, 2% Asian
- 51% of patients are 30-50, Under 30 21%, Over 50 27%
- 84% Sober/Safe Discharge, 89% original pickup location, 6% treatment



## **SURE Program Highlights**

- Innovative program welcoming people intoxicated on all substances, many of whom also have cooccurring mental health conditions.
- Compassionate engagement and referral option for law enforcement and community based providers for persons presenting a public safety and public health hazard who do not require jail or a hospital.
- Effective method of engaging patients who have not self-identified a need for Substance Use Disorder Treatment Services. Streamlined process of referral into withdrawal management (detox) and other treatment services if they opt in to longer term services.
- Simple referral process encouraging patients and partners to "opt-in" by eliminating barriers to access and a 3-minute welcome process.



## **SURE Data Highlights**

- 64 patients completed a sobering session in the last week of the program year.
- Since streamlining the referral process into county funded treatment services, 36 patients have been directly referred.
- Patients with acute alcohol intoxication tend to be older (30-49) and amphetamine intoxication younger (18-39). Among patients 18-29, there is a split between alcohol and amphetamines 39% to 35%.
- Spring Bloom Following system innovations with Sacramento County in early 2021, SURE successfully referred 20% of all patients directly into substance use disorder programs, including 22% of patients whose primary intoxicant was amphetamines.



# **Patient Stories**



#### **Patient Stories**

- A patient on crack cocaine, after his second referral into SURE, requested substance use disorder treatment and was referred directly into a residential rehabilitation program. He successfully completed residential rehabilitation.
- Patient brandishing a knife while on amphetamines volunteered for SURE after the police engaged him and peacefully disarmed him. After two hours at SURE the patient was transported to the hospital due to labored breathing and low oxygen levels. The patient never required incarceration and was instead provided the opportunity to sober up and get medical care.

#### **Patient Stories**

- A patient was referred to SURE rather than the hospital with unknown substance use diagnosis. Once in care it was determined that the patient was not intoxicated but suffered from serious mental health condition. Patient was connected to an appropriate level of outpatient care.
- A woman with six children, all removed from her care due to ongoing drug use, was referred to the SURE by the Sacramento County System of Care due to acute amphetamine and cannabis intoxication. While at SURE the patient requested substance use disorder treatment and was referred to a residential treatment program, where she remains.



