

# WORDS TO DEEDS

CHANGING THE  
PARADIGM FOR  
CRIMINAL JUSTICE  
AND MENTAL HEALTH



A PROJECT OF THE FORENSIC MENTAL HEALTH ASSOCIATION OF CALIFORNIA

## Words to Deeds XV Terms of Engagement: Mobilizing Successful Collaborative Community Outcomes

Friday, November 5, 2021

VIRTUAL CONFERENCE

### Supporting Partners



### Sponsors



**Words to Deeds XV – Terms of Engagement: Mobilizing Successful Collaborative Community Outcomes**

**9:00 a.m. Virtual Conference Opens for Login**

**9:30 a.m. Welcome and Introduction**

- Kit Wall – Project Director, Words to Deeds
- Kevin Rice – President, Forensic Mental Health Association of California

**9:40 a.m. Session 1: Welcome to the Front Porch – Successful Approaches for Outreach and Engagement (80 mins)**

Moderator: Brenda Grealish – Executive Officer, Council on Criminal Justice and Behavioral Health

- Tanya Hill Thompson – Field Representative, Corrections Planning and Grant Programs, Board of State and Community Corrections
- Jonathan Porteus, PhD – Chief Executive Officer, WellSpace Health
- Dana Valdez, MD – Clinical and Forensic Psychiatrist, Office of Diversion and Reentry, Los Angeles County Department of Health Services

**11:00 a.m. Break – 10 minutes**

**11:10 a.m. Session 2: Don't Light Your Treatment Dollars on Fire – Securing Supported Housing to Maximize Treatment Engagement (80 mins)**

Moderator: Lahela Mattox – Chief Operations Officer, San Diego Regional Task Force on the Homeless

- Tyler Fong – Senior Director of Program Initiatives, Brilliant Corners
- Tiffanie Leon-Synnott – Acting Chief Assistant and Supervisor, Sacramento County Public Defender's Office
- Judi Nightingale, DrPH, RN – Director, Population Health, Riverside University Health System

**12:30 p.m. LUNCH BREAK – 30 minutes**

**1:00 p.m. Session 3: Crisis Now and 988 – California's Exciting Opportunity to Build a Robust Crisis Response System (90 mins)**

Moderator: Ashley Mills – Research Supervisor, Mental Health Services Oversight and Accountability Commission

- Bill Brown – Sheriff-Coroner, Santa Barbara County
- Ian Evans – Director, Adult and Aging Branch, Yolo County Health and Human Services Agency
- Cherylynn Lee, PhD – Behavioral Sciences Manager, Santa Barbara County Sheriff's Office
- Sandri Kramer – Project and Grants Manager, Didi Hirsch Mental Health Services
- Lyn Morris – Chief Operating Officer, Didi Hirsch Mental Health Services

**2:30 p.m. Break – 10 minutes**



**2:40 p.m. (60 mins) Session 4: First Responder Wellness – Helping Those Who Help Others**

Moderator: Bill Brown – Sheriff-Coroner, Santa Barbara County

- Cherylynn Lee, PhD – Behavioral Sciences Manager, Santa Barbara County Sheriff's Office
- Mike McGrew – Co-Founder, Executive Director, 911 At Ease International
- Maura “Mo” Pengel – Member, Board of Trustees, First Responder Support Network, Lieutenant of Police, San Francisco Police Department

**3:40 p.m. Closing Remarks/Final Thoughts**

- Kit Wall – Project Director, Words to Deeds

**4:00 p.m. Adjourn**

### **Words to Deeds XV – The Paradigm Awards**

In January 2013, **Words to Deeds** inaugurated the **Paradigm Awards**, recognizing leaders in criminal justice and mental health who promote efforts to end the criminalization of individuals with mental illness by supporting proven strategies that advocate for early intervention, access to effective treatments, a planned reentry, and the preservation of public safety.

This year, the **Paradigm Awards** is on hiatus until we can celebrate in person. We have included a list of all past **Paradigm Award** recipients in our program for your review.

Today, we are especially pleased to recognize one of our past **Paradigm Awards Honorees** who is participating in **Words to Deeds XV**:

- **Hon. Bill Brown – State Champion – 2016** – Sheriff-Coroner, Santa Barbara County; Past President, California State Sheriffs' Association; Commissioner, California Mental Health Services Oversight and Accountability Commission



# The Paradigm Awards 2013-2019 Honorees

## Inaugural Awards January 24, 2013

### **COMMUNITY CHAMPION**

**Tona Wakefield**  
Santa Barbara  
*Bringing Our Community Home*

### **JUDICIAL CHAMPION**

**Judge Stephen V. Manley**  
Santa Clara County Superior Court

### **LAW ENFORCEMENT CHAMPION**

**Lee Baca**  
Los Angeles County Sheriff

### **STATE CHAMPION**

**Darrell Steinberg**  
Senate President Pro Tem  
California State Senate, 6<sup>th</sup> District

### **COUNTY CHAMPION**

**Jennifer Johnson**  
San Francisco County  
Deputy Public Defender

### **LIFETIME ACHIEVEMENT**

**Helen M. Thomson**  
Yolo County, Supervisor  
California State Assemblymember  
8<sup>th</sup> District (Retired)

## Words to Deeds VII November 13, 2013

### **COMMUNITY CHAMPION**

**Mark Gale**  
California Treatment Advocacy  
Coalition  
Los Angeles

### **COUNTY CHAMPION**

**Scott MacDonald**  
Santa Cruz County  
Probation Chief

### **LAW ENFORCEMENT CHAMPION**

**Curtis J. Hill**  
San Benito County  
Former Sheriff-Coroner

### **LIFETIME ACHIEVEMENT**

**David Meyer, Esq.**  
Institute of Psychiatry, Law and  
Behavioral Sciences, University of  
Southern California Keck School of  
Medicine

## Words to Deeds VIII November 12, 2014

### **COUNTY CHAMPION**

**Susan Adams**  
Marin County Supervisor

### **LAW ENFORCEMENT CHAMPION**

**Norm Hurst**  
San Bernardino County Sheriff's  
Department  
Deputy Chief (Retired)

### **BEHAVIORAL HEALTH CHAMPION**

**Mark Refowitz**  
Orange County Health Care Agency  
Director

### **CRIMINAL JUSTICE CHAMPION**

**Lisa Rodriguez**  
San Diego County  
Deputy District Attorney

## Words to Deeds IX November 4, 2015

### **COUNTY CHAMPION**

**Jo Robinson**  
San Francisco Department of Public  
Health,  
Behavioral Health Services  
Director

### **JUDICIAL CHAMPION**

**Judge Richard J. Loftus, Jr.**  
Santa Clara County Superior Court  
Chair, Judicial Council's Mental  
Health Issues Implementation Task  
Force



# The Paradigm Awards 2013-2019 Honorees

## **LEGISLATIVE CHAMPION**

**Senator Jim Beall**  
*California State Senate, 15th District*

## **BEHAVIORAL HEALTH CHAMPION**

**Linda Boyd, RN, BSM, MN**  
*Los Angeles County Department of Mental Health Emergency Outreach Bureau*

## **Words to Deeds X** **November 3, 2016**

## **COUNTY CHAMPION**

**Jackie Lacey**  
*Los Angeles County District Attorney*

## **LAW ENFORCEMENT CHAMPION**

**George Gascón**  
*San Francisco County District Attorney*

## **STATE CHAMPION**

**Bill Brown**  
*Santa Barbara County Sheriff-Coroner*

## **Words to Deeds XI** **November 8, 2017**

**LIFETIME ACHIEVEMENT**  
**Charles Walters, PhD**  
*Law Enforcement Consultant*

## **LAW ENFORCEMENT CHAMPION**

**Terri McDonald**  
*Los Angeles County Chief Probation Officer*

## **STATE CHAMPION**

**Tina Wooton**  
*Santa Barbara County Department of Behavioral Wellness, Manager; Chair, California Mental Health Services Oversight and Accountability Commission*

## **Words to Deeds XII** **November 15-16, 2018**

**JUDICIAL CHAMPION**  
**Hon. James Bianco**  
*Site Judge, Los Angeles Superior Court Mental Health Court*

## **LAW ENFORCEMENT CHAMPION**

**Charles Dempsey**  
*Detective III, Officer-In-Charge of the Administrative Training Detail, Mental Evaluation Unit, Los Angeles Police Department*

## **BEHAVIORAL HEALTH CHAMPION**

**Kita Curry, PhD**  
*Chief Executive Officer, Didi Hirsch Mental Health Services*

## **Words to Deeds XIII** **November 7, 2019**

## **JUDICIAL CHAMPION**

**Hon. Eileen Moore**  
*Associate Justice, California Court of Appeal*

## **LAW ENFORCEMENT CHAMPION**

**Wendy Still**  
*Chief Probation Officer, Alameda County*

## **STATE CHAMPION**

**Mark Grabau, PhD, PsyD**  
*Chief Psychologist, Forensic Services Division, California Department of State Hospitals*



# 47<sup>th</sup> ANNUAL FMHAC CONFERENCE

April 13 - 15, 2022



## BREAKOUT PRESENTATIONS

### Breakout Presentation 1

#### Mobile Crisis: A Blueprint for Design and Implementation

Kate Grammy, PsyD  
Jennifer MacKinnon, LMFT  
Dan Marshall, Lieutenant

#### RNR In the Real World - Part 1

Tom Granucci, LCSW

#### An Evidenced Based Practical Curriculum for the Treatment of Juveniles who have Sexually Offended

Norbert Ralph, PhD, MPH

#### Rorschach Applications in a Forensic Setting

Abraham Loebenstein, PhD  
Madeleine Starin, PsyD



### Breakout Presentation 2

#### Effective Expert Testimony in Court: Understanding What Gets Admitted or Excluded if an Expert's Opinions are Challenged

John Philipsborn, MEd, JD, MAS  
\*MCLE

#### RNR In the Real World - Part 2

Tom Granucci, LCSW

#### Behavior Management in a Forensic Population

Setareh Khan-Mohammadi, PsyD  
Seaira Reedy, PsyD, CCHP-MH

#### The Importance of Adolescent Brain Development in relation to Franklin Hearing Evaluations: Research to Practice

Nicole Vienna, PsyD  
Di Nguyen, PsyD  
\*MCLE

#### Using the Inventory of Problems – 29 (IOP-29) to Evaluate the Credibility of Presented Mental Health Problems

Luciano Giromini, PhD  
Donald Viglione, PhD

# BREAKOUT PRESENTATIONS

## Breakout Presentation 3

**The Drama of Trauma: Grasping the Impact of False Web-Driven Narratives When Seeking to Prevent Harm and Heal**  
Glenn Lipson, PhD, ABPP  
Brian Spitzberg, PhD, CTM  
Wendy Patrick, BA, JD, Mdiv, PhD

**Latinx Masculinity and Treatment of Violence in Correctional Practice**  
Rogelio Serrano, PMFT, PsyD

**Veterans Who Commit Sexual Offenses: What Do We Know About Their Characteristics, Risk Factors and Treatment Needs?**  
Stephanie Brooks Holliday, PhD  
Shoba Sreenivasan, PhD  
\*MCLE

**Crisis Co-Response Teams: Fostering Collaboration Between Law Enforcement and Mental Health Professionals**  
Ryan Vienna, ML  
Sanjay Shah, LCSW

**Criminal Justice and Behavioral Health Partnerships: Results of San Diego's Interprofessional Collaborative Practice Learning Academy and Curriculum for Mental Health Providers Working With the Justice Involved**  
Geoff Twitchell, PhD  
Mack Jenkins, Retired Chief Probation Officer

## Breakout Presentation 4

**Striving for Accuracy in a "Noisy" World: Recognizing Bias and Error in Forensic and Clinical Decision-Making**  
Joseph Lockhart, PhD, ABPP  
\*MCLE

**Combatting Recidivism**  
Rhonda Higgins, PsyD

**Neurodevelopmental Factors for Probation Youth: Practical Approaches for Assessment and Treatment**  
Norbert Ralph, PhD, MPH

**Examining "Justice Involved" The Law Behind Registration and Notification Schemes**  
Catherine Carpenter, JD  
\*MCLE

**Intentional Community Collaboration: Therapeutic Justice without Silos**  
Leon Evans  
Christopher Zubiata, DHA, MSW



# TOPICS FOR WORDS TO DEEDS TRACK

Successful Collaborative Approaches  
for Outreach & Engagement

Securing Supported Housing to  
Maximize Treatment Engagement

Building A Robust Crisis Response  
System - Defining Roles & Integrating  
988 & Crisis Now

Department of State Hospitals (DSH)  
Diversion Program - Latest Update

## REGISTRATION



VISIT: <https://www.fmhac.org/annual-conference.html>

## TRACKS



# CONTINUING EDUCATION

- 13.5 Continuing Education Credits Available for: CPA, BBS, BRN, CJER
- 6 Continuing Education Credits Available for: MCLE
- The 2022 Conference is NOT approved for POST

*CE Statements: FMHAC is approved by the California Psychological Association to provide continuing professional education for psychologists. FMHAC maintains responsibility for this program and its content. Provider #FOR005. Course meets the qualifications for 13.5 hours of continuing education credit for MFTs, LPCCs, LEPs, and LCSWs as required by the California Board of Behavioral Sciences through the California Psychological Association. State Bar of California MCLE Provider #15388.*

*Learning Objectives can be found at [www.fmhac.net](http://www.fmhac.net).*

- **California Psychological Association (CPA)/Board of Behavioral Science Examiners (BBS)/Board of Registered Nursing (BRN)**

FMHAC is an approved provider through the CPA (FOR005) and the BRN (CEP 5965).

The BBS accepts credits approved by the CPA.

- **Continuing Medical Education (CME)**

The 2022 FMHAC Conference DOES NOT qualify for CME.

- **California State Bar (MCLE)**

MCLE units are approved for selected sessions listed above, Provider #15388.

- **Peace Officer Standards and Training (POST)**

The 2022 Conference is NOT approved for POST.

- **Center for Judicial Education and Research (CJER)**

FMHAC is an approved provider through the Center for Judicial Education and Research.

- **Board of Corrections (STC)**

For Standards and Training for Corrections (STC) participants who need STC training credit for this event, please either arrange a work related special request before the event or apply for Special Certification after the event. Both of these go through your STC training manager/coordinator.

## **The process for a Special Certification:**

Inform your training manager that you will be attending this conference and you will be asking for a Special Certification. Upon returning from the conference, inform your training manager how many hours you attended and ask them to submit a Special Certification for those hours.

## ABOUT WORDS TO DEEDS

### Mission

The leaders in criminal justice and mental health participating in this effort strive to end the criminalization of individuals with mental illness by supporting proven strategies that promote early intervention, access to effective treatments, a planned reentry, and the preservation of public safety.

### Vision

A true shift in the paradigm between criminal justice and mental health will embody an effective jail diversion system that fosters a successful and ongoing exchange of information among courts, criminal justice agencies, mental health professions, governmental agencies, and nongovernmental organizations, to achieve a substantial positive change in the way individuals with mental illness are treated within our communities.

### Words to Deeds Leadership Group

- **Deanna Adams** – Senior Analyst, Judicial Council of California, Criminal Justice Services, Operations & Programs Division
- **Bill Brown** – Sheriff-Coroner, Santa Barbara County
- **Michelle Cabrera** – Executive Director, County Behavioral Health Directors Association
- **Grace Childs** – Executive Associate, Urban Counties of California
- **Cathy Coyne** – Government Affairs Liaison (Ret.), California State Sheriffs' Association
- **Christina Edens** – Deputy Director, Forensic Services Division, California Department of State Hospitals
- **Hallie Fader-Towe** – Senior Policy Advisor, Council of State Governments Justice Center
- **Morgan Grabau** – Events & Communications Director, Forensic Mental Health Association of California
- **Brenda Grealish** – Executive Officer, Council on Criminal Justice and Behavioral Health
- **Carmen Green** – Executive Director, California State Sheriffs' Association
- **Catherina Isidro** – Executive Director, Forensic Mental Health Association of California
- **Kathryn Jett** – Senior Policy Consultant, California Forward
- **Kathleen Lacey** – Program Director, UCSF/Citywide Case Management
- **Sheree Lowe** – Vice President, Behavioral Health, California Hospital Association
- **Lahela Mattox** – Chief Operations Officer, San Diego Regional Task Force on the Homeless
- **Rosie McCool** – Deputy Director, Chief Probation Officers of California
- **David Meyer** – Clinical Professor, Institute of Psychiatry, Law and Behavioral Sciences, USC Keck School of Medicine
- **Ashley Mills** – Research Supervisor, Mental Health Services Oversight and Accountability Commission
- **Mike Radford** – Bureau Chief, Training Program Services Bureau, Commission on Peace Officer Standards & Training
- **Stephanie Regular** – Assistant Public Defender, Contra Costa County
- **Tyler Rinde** – Executive Director, California Association of Alcohol and Drug Program Executives
- **Patricia Ryan** – Consultant; Executive Director (Ret.), County Behavioral Health Directors Association of California
- **Kit Wall** – Words to Deeds Project Director, Kit Wall Productions
- **Tracey Whitney** – Assistant Head Deputy, Writs & Appeals Division, Los Angeles County District Attorney's Office
- **Molly Willenbring** – Executive Director, First Responder Support Network
- **Helene Zentner** – Field Representative, California Board of State and Community Corrections
- **Carrie Zoller** – Supervising Attorney, Judicial Council of California, Administrative Office of the Courts

For more information about Words to Deeds, please visit: <https://www.fmhac.org/w2d-about.html#/>

11/1/2021



## SPEAKER BIOGRAPHIES

### **Bill Brown**

Bill Brown has served as Santa Barbara County's Sheriff-Coroner since January 9, 2007. He was first elected on November 7, 2006, re-elected to a second term in June 2010, re-elected to a third term in June 2014, and re-elected yet again to a fourth term in June 2018. Sheriff Brown began his law enforcement career in 1977 with the Pacifica Police Department in the San Francisco Bay Area. In 1980, he transferred to the Inglewood Police Department. He served the Los Angeles County community until 1992, when he was selected as Chief of Police for the City of Moscow, Idaho. In that position, he was responsible for overseeing police operations for both the City of Moscow and the University of Idaho. In 1995, Brown was selected as Chief of Police for the City of Lompoc, being only the eighth person to hold the title of police chief in that community since it incorporated in 1899. He led the Lompoc Police Department for the next 11 years until being elected to his present office. Sheriff Brown received his Master's Degree in Public Administration from the University of Southern California in 1995. He was president of the 91st Class of Delinquency Control Institute, and is a graduate of the Northwest Command College, the 169th Session of the FBI National Academy, and the 33rd Session of the FBI National Executive Institute. Since 2010, he has served as a Commissioner on the Mental Health Services Oversight and Accountability Commission for the State of California, and he leads Santa Barbara County's version of "Stepping Up," a National Initiative to Reduce the Number of People with Mental Illness in Jails. Sheriff Brown is also Chairman of the Santa Barbara County Law Enforcement Chiefs (C.L.E.C). Sheriff Brown and his wife, Donna have been happily married for 40 years and have three grown children.

### **Ian Evans**

Ian Evans is a licensed marriage and family therapist and has worked in behavioral health field for over 12 years serving mostly criminal justice-involved clients, working in modalities including outpatient, residential, with adults and adolescents in Placer and Yolo counties. He has worked for Yolo County Health and Human Services Agency (HHSA) since February 2015 in various substance use, forensic, and homeless treatment capacities. In June 2017, Ian was appointed Alcohol and Drug Administrator of Yolo County while also serving as the Forensic Program Manager, and in September 2018, Ian added the role of Homeless Services Manager, and most recently in August 2020 was appointed the Adult & Aging Branch Director for Yolo County HHSA. With these multiple roles, his focus continues to be on the development of Yolo County's Drug Medi-Cal Organized Delivery System, moving the entire substance use disorder continuum

forward, coordinating Yolo County's Stepping Up Initiative work, supporting homeless/housing coordination, Adult Protective Services and IHSS direction, and forging critical partnerships with community partners and other County departments. Ian received his undergraduate degree from the University of California, Davis, and a Master's Degree in Marriage and Family Therapy from Alliant International University's California School for Professional Psychology.

### **Tyler Fong**

Tyler Fong has worked alongside vulnerable populations for over 16 years in the Bay Area, Los Angeles County, the Inland Empire, and San Diego. Currently, Tyler is the Senior Director of Program Initiatives at Brilliant Corners, a 501(c)3 non-profit organization dedicated to using housing as a healthcare intervention/solution for individuals experiencing homelessness. While with Brilliant Corners, Tyler was one of the program architects for the Flexible Housing Subsidy Pool, a nationally recognized rental subsidy and housing administration program in Los Angeles that has housed over 8,000 Angelenos since 2013. Tyler currently provides oversight to similar programs in the Bay Area, Inland Empire, and San Diego.

### **Brenda Grealish**

Brenda Grealish is currently the Executive Officer of the Council on Criminal Justice and Behavioral Health, which is part of the California Department of Corrections and Rehabilitation. She served as Chief for the Medi-Cal Behavioral Health Division at the California Department of Health Care Services since 2019, where she has served in several positions since 2013, including Chief of the former Mental Health Services Division and Assistant Deputy and Acting Deputy Director for Mental Health and Substance Use Disorder Services. She held several positions at the California Department of Corrections and Rehabilitation, Office of Research from 2009 to 2013, including Deputy Director, Research Manager III and Research Manager II. Brenda held several positions at the former California Department of Mental Health from 1999 to 2009, including Research Program Specialist I, Research Analyst II and Research Analyst I. She earned a Master of Arts degree in psychology from California State University, Sacramento.

### **Tanya Hill Thompson**

Tanya Thompson is a Field Representative with the Board of State and Community Corrections (BSCC) where she provides training and technical assistance to organizations delivering BSCC grant-funded programs and services. Currently, Tanya is overseeing the Adult Reentry Grant Program which has funded 115 Community-Based Organizations with more than

\$100 million to provide Rental Assistance and Warm Handoff Reentry Services to individuals formerly incarcerated in State Prison. Before assuming her role with the BSCC, Tanya was a Quality Assurance Coach for the Solano County Probation Department and she spent 12 years working for the Nevada Department of Corrections (NDOC) in various capacities from Correctional Officer to Associate Warden of Programs. As an Associate Warden, she led a team that developed and implemented a grant funded reentry project for women transitioning from NDOC to the community. Tanya enjoys Bikram Yoga and is currently training to run a half-marathon.

#### **Sandri Kramer**

Sandri Kramer, a founding member of the Los Angeles Suicide Prevention Network, and has over 25 years of experience in suicide prevention/intervention and crisis center work. As Didi Hirsch's Suicide Prevention Project and Grants Manager she focuses on Program Development, Community Partnerships, and Public Awareness/Training. After many years of grassroots work with law enforcement partners, overseeing the launch of LAPD's 911 call diversion project is one of her proudest achievements. She is also currently working on expanding the Suicide Prevention Center's role in emergency management as a core center of the national Disaster Distress Helpline, strengthening the center's collaborative partnerships with numerous law enforcement agencies, and getting ready for 9-8-8. She serves as vice-president on the Board of Directors for the National Association of Crisis Organization Directors (NASCOD), as a member of the Board of the Emergency Network Los Angeles (ENLA), and as a member of LA's Office of Violence Prevention (OVP) Community Partnership Council.

#### **Cherylynn Lee, PhD**

Dr. Lee is a culturally competent First Responder Psychologist, specializing in Police Psychology. She has served with the Santa Barbara Sheriff's Office as the Behavioral Sciences Manager since 2015. Dr. Lee graduated with her Master's Degree and PhD in Clinical Health Psychology from the prestigious California School of Professional Psychology in San Diego. She completed residencies in Bariatrics, Family Medicine and Mindfulness at the University of California San Diego (UCSD) and completed her doctoral internship at the San Mateo Medical Center where she treated patients in the Intensive Care Unit, Palliative Care Program and Medical Surgical Unit. Dr. Lee is the first Behavioral Sciences Manager for the Santa Barbara Sheriff's Office. The Behavioral Sciences Unit (BSU) is responsible for all POST certified Crisis Intervention Training (CIT) for the Sheriff's Office, and all Santa Barbara County law enforcement agencies receive CIT

training through the Sheriff's Office. The BSU is also home to Santa Barbara County's first law enforcement mental health co-response team. The teams consist of CIT trained deputies and licensed clinicians from Behavioral Wellness. Together, they respond to mental health crises calls coming through 911. In addition to managing CIT training and the co-response teams, she oversees the Sheriff's Medication Assisted Treatment Program, is a member of the Hostage Negotiation Team, is an on-call consultant and oversees the departments wellness team and peer support program. She is a member of the Santa Barbara County Community Wellness Team, South County Opioid Coalition and is a board member for CALM, a local organization that provides services for children who have been abused. Dr. Lee is also a subject matter expert with California Peace Officers Standards and Training (POST) on both officer and dispatcher wellness and has contributed to multiple wellness projects available to all 82,000 peace officers across the state of California. Dr. Lee has a private practice in the Santa Ynez Valley where she sees first responders exclusively and specializes in treating Post Traumatic Stress Injury, burnout, and job performance improvement. She has conducted multiple critical incident stress debriefs for officer involved shootings, line of duty deaths, and other critical incidents. Dr. Lee is married to her husband Jason, and they have two children, Sagan (age 4) and Theo (age 1 year). They are centrally located in the Santa Ynez valley and enjoy being with friends and family and exploring local hiking trails.

#### **Lahela Mattox**

Lahela Mattox is the Chief Operations Officer of the Regional Task Force on the Homeless (RTFH), is responsible for overseeing the execution of the organization's work plan and fulfills responsibilities of a CFO. RTFH is the homeless policy expert and supports communities in understanding and problem-solving solutions to end homelessness through data and best practices. RTFH is designated as the US Housing and Urban Development (HUD) Continuum of Care (CoC) lead agency for the San Diego Region. As the CoC Lead Agency, RTFH is the collaborative applicant for CoC funding, administers the Homeless Management Information System (HMIS); Coordinated Entry System (CES); and Point in Time Count (PITC). RTFH also became a direct funder in 2018, administering over \$40 million in State and Federal grants for the San Diego Region. Ms. Mattox has more than two decades of experience in behavioral health, homelessness and housing, and workforce development in both California and Hawaii. Prior to joining RTFH, Lahela served as a director

with the State of California's Homeless Coordinating and Financing Council (HCFC). Ms. Mattox worked with California's 44 CoCs and 13 largest cities and was instrumental in executing the \$500 million Homeless Emergency Aid Program (HEAP), implementing the State's Housing First Policy, and developing the \$650 million Homeless Housing, Assistance and Prevention Program (HHAP). Her previous State experience was as Unit Chief with the California Department of Health Care Services (DHCS) where she was responsible for the licensing and certification of inpatient and outpatient psychiatric facilities. Ms. Mattox also worked with other State agencies to develop the standards and mandates to implement AB403: Foster Care Continuum of Care Reform. She also worked for two counties providing inpatient and outpatient care for youth and adults living with severe mental illness and overseeing county housing programs. Ms. Mattox was successful in expanding funding for Permanent Supportive Housing; secured one of the first Mental Health Services Act (MHSA) grants to develop a shared housing-permanent supportive housing model. Ms. Mattox began her career in Hawaii with a local non-profit to reduce recidivism among youth. She was also the Statewide Director of financial benefits and services to Hawaii's residents. Ms. Mattox is a respected professional leader, recognized for cultivating partnerships, leveraging resources, and deploying technical assistance to local jurisdictions in addressing the homelessness crisis. Since arriving in San Diego in December 2019, Ms. Mattox supported RTFH in launching a regional Flexible Housing Pool and provided recommendations and fiscal guidance on housing focused solutions during the public health pandemic. Ms. Mattox holds an MA in Career Counseling from Chapman University and a BA in Psychology from Hawaii Pacific University.

#### **Mike McGrew**

Mike McGrew is the Founder and CEO of the nonprofit organization 911 At Ease International, Inc. Mike created the "At Ease" program, along with Chairman, Michael Armand Hammer, in 2014, which provides support services through counseling to first responders dealing with issues related to Post-Traumatic Stress, and other work and life stressors. The program is supported through the generous support of donors and community members. Mike spent 31 years serving the City of Santa Barbara as a police officer and sergeant working in the major crimes' unit for many years and eventually as a traffic sergeant. He was awarded the medal of valor and outstanding performance three separate times during his career, along with several hundred other commendations for excellence and bravery. Although Mike retired from public service, his service is not over. He remains a chaplain for the Police Department in Santa Barbara and serves as an ordained minister. He serves on the Santa

Barbara Police Foundation Board and continues to expand the At Ease mission. Mike McGrew has written his personal story in his book: *A Higher Call to Duty*. He shares his own trauma and hardships in his book and the subsequent healing freedom he experienced through counseling. Go to [www.911aei.org](http://www.911aei.org) to learn more about At Ease.

#### **Ashley Mills**

Ashley Mills is a research supervisor with California's Mental Health Services Oversight and Accountability Commission and has been staff to the Commission for over eight years. She currently leads a team implementing the Commission's prevention and early intervention initiative, and she is lead author of *Striving for Zero: California's Strategic Plan for Suicide Prevention, 2020-2025*. Ms. Mills also was the staff lead on the Commission's policy research project on criminal justice and mental health, which was completed in December 2017. Prior to joining the Commission, Ms. Mills held positions with the California Department of Justice and the California Governor's Office of Gang and Youth Violence Policy.

#### **Lyn Morris**

As Chief Operating Officer, Lyn Morris, LMFT, oversees all operational, clinical, and administrative functions of the agency. She is a highly accomplished Executive Leader and Licensed Therapist with 20+ years of experience and is dedicated to serving communities where poverty or stigma limits access to care. Lyn joined the agency in 2000 as a Program Director for Adult Outpatient Services. In 2005, she became the Division Director for the Suicide Prevention Center, and a leading advocate in the field of suicide prevention. In 2013, she became the Senior Vice President of Clinical Operations overseeing Adult, Child/Family, Substance Use, Residential and Suicide Prevention services. She earned her Master's Degree in Clinical Psychology from Pepperdine University and has been a licensed Marriage and Family Therapist since 1999. She is a results-oriented leader with proven success in managing multiple counties, state, and federal contracts and budgets to maximize revenue and clinical services. She is also skillful in cultivating strong relationships to secure funding through grants and donations. She has demonstrated excellence in creating high performing, mission-driven teams and has supervised the training and development of hundreds of employees and volunteers, while fostering a culture of engagement and professionalism. She is a recognized national expert in suicide prevention and an innovative leader in developing nationwide training and curriculum and influencing public policy. She has testified before the California Legislature and secured \$4.3M of statewide suicide prevention funding for all California Lifeline Centers. She also established the California

Suicide Prevention Network (CSPN) in collaboration with 10 statewide crisis centers to help build local capacity in suicide prevention and to encourage widespread adoption of best practice programs, interventions, curricula, and protocols. She collaborated with Suicide Prevention Center co-founder Dr. Norman Farberow on a chapter in the book *Grief After Suicide: Understanding the Consequences and Caring for the Survivors*, which was written by Drs. John McIntosh and John R. Jordan and published in 2010. She was also a lead author on the Survivors of Suicide Attempts support group curriculum, which has been shared with mental health professionals in all 50 states and 36 countries and the Teen Survivors after Suicide support group curriculum. Her passion and dedication to suicide prevention comes from personal experience. Lyn Morris is a survivor of suicide having lost a cousin in 1999 and a close friend in 2004.

#### **Judi Nightingale, DrPH, RN**

Judi Nightingale is an RN with a Doctorate in Public Health in Prevention. Her career started in Maternal-Child Health. At 26, she started a new NICU at Riverside Community Hospital and has been in administration ever since. Her career with Riverside County started as the nursing administrator over maternal-child inpatient areas. She was the Chief Nursing Officer of the County Medical Center for two years prior to her current position as the Director of Population Health for Riverside University Health System. Judi is passionate about providing care to underserved populations. She successfully applied for monies from DHCS to direct a program for transition in care out of incarceration where more than 12,000 clients have been screened and linked to resources to help them successfully reintegrate into society and reduce the rate of re-incarceration.

#### **Maura “Mo” Pengel**

Maura “Mo” Pengel was born and raised in San Francisco, the youngest of ten siblings, seven sisters, and two brothers. Being part of a large family provided her with a strong work ethic and foundation for understanding that each person is integral to what defines a family. Mo graduated from Sonoma State University with a degree in communications, although her true passion was basketball. As a result, she was inducted into the Hall of Fame at Santa Rosa Junior College in 2008 and Sonoma State University in 2012. In 2001, she began her career with the San Francisco Police Department, following in the footsteps of her father and three sisters. She worked her way up through the ranks, now a Lieutenant, working patrol. Mo spent the last several years working in SFPD’s Behavioral Science Unit, which allowed her to focus on being an advocate for self-care. Mo serves on the Board of Trustees for the First Responder Support Network and as part of the West Coast Post Trauma Retreat leadership team, working as

a lead peer. She recently completed a substance abuse counseling certificate program and is now working toward completing her licensing. Mo is a member of the International Critical Incident Stress Foundation-ICISF, International Women in Policing, Women Leaders in Law Enforcement, and International Association of Chiefs of Police. When Mo is not working, she enjoys spending time with her partner and family, being out in nature and playing pickleball. An important part of Mo’s life is working on her own recovery and allowing herself to continue to grow by being of service to others.

#### **Jonathan Porteus, PhD**

A Licensed Clinical Psychologist and Addictionologist, Dr. Porteus has extensive experience in health and behavioral health integration, evidence-based practice and clinical research and evaluation. He also has extensive experience in program development, including outpatient, residential, and systems-level interventions (e.g., creation of trauma-informed initial assessment for NY State Office of Mental Health psychiatric facilities). His clinical practice includes addiction, compulsive behavior and suicidal crisis, trauma practice, integrated behavioral health, primary care, and behavioral health treatment across all levels care. As a trainer, Dr. Porteus has conducted training in Motivational Interviewing, behavioral interventions around compulsive behavior, PTSD, complex trauma, chronic medical conditions, and co-occurring disorders treatment and built the Outpatient Drug Treatment system for the Republic of Vietnam. Dr Porteus has taught graduate school for over a decade, was an Adjunct Professor at Adelphi University, tenured Professor at CSU Sacramento and has variously lectured and presented to organizations and professional groups. Dr. Porteus brings unique perspectives to the understanding of the health and behavioral health care continua, especially for the under-served. He has received accolades for his systems integration work bringing a ‘blanket of care’ comprised of a network of Federally Qualified Community Health Centers to a region with a historically tattered ‘safety net.’ In his tenure as CEO, Dr. Porteus has overseen the creation of a network of regional Community Health Centers providing 100,000 patients with primary health care for all ages, women’s health, behavioral health, pediatric oral health, and an extensive array of ancillary / integrated programs. All facilities and services are accredited by the Joint Commission for Ambulatory Care (Primary Care) and Behavioral Health, and further certified by The Joint Commission for being Primary Care Medical Homes as well as Behavioral Health Homes. These Community Health Centers are interwoven with behavioral health service sites, a full

continuum of substance use disorders treatments (outpatient, residential, detox), child abuse prevention / family development programs, and suicide prevention crisis lines (National Lifeline for 50 California counties).

#### **Kevin Rice, LCSW, CCHP-MH**

Kevin Rice is currently FMHAC's Board President. He is also the Director of Operations for Jail-Based Mental Health Programs for Liberty Healthcare, Inc. Kevin began his professional career with a stint in the forensic mental field working as a Forensic Social Worker and Casework Supervisor with Gateways CONREP (Los Angeles). In subsequent years, he continued to work with persons with severe and persistent mental illness across a variety of settings including private psychiatric hospitals and non-profit organizations in the Southern California area. Kevin's 25-year work experience has focused on development and implementation of programs for people with severe mental illness, with concentration on forensic/correctional programs. Kevin developed the first jail-based competency restoration treatment program in the state of California (2010) and presently directs six jail-based mental health programs, three of which are competency restoration treatment programs. In 2014, Kevin served as Board Treasurer for FMHAC. Kevin holds a Bachelor's Degree (1988) in Liberal Arts from Augustana College, Rock Island Illinois and two Master's Degrees, one in Social Work (1992) and the other in Human Development and Family Studies (1992) from the University of Illinois in Champaign-Urbana.

#### **Tiffanie Leon-Synnott**

Tiffanie Synnott is an Acting Chief Assistant and Supervising Attorney at the Sacramento County Public Defender's Office. Tiffanie has been a Public Defender for over 20 years and has recently lifted innovated programs for both adults and youth in the intersection of criminal justice/mental health/homelessness. Tiffanie embraces holistic defense by combining zealous advocacy while addressing client's underlining needs.

#### **Dana Valdez, MD**

Dana Valdez is a clinical and forensic psychiatrist working for the Office of Diversion and Reentry, a part of the Los Angeles County Department of Health Services. He completed his general psychiatric residency at Harbor-UCLA Medical Center in Torrance, California, and a fellowship in forensic psychiatry at the USC Institute of Psychiatry, Law and Behavioral Science in Los Angeles, California.

#### **Kit Wall**

Promoting everything from policy reform issues, nonprofit organizations, and political campaigns to rock shows and media events, Kit Wall uses her repertoire of organizational/communication skills for policy consultation, writing, production, and management. Her promotion and publicity experience includes professional sports, entertainment, commercial real estate, and government affairs. Since 1987, Kit has focused on government relations and public policy, managing coalition and grassroots efforts for corporate, non-profit, and governmental organizations, as well as ballot initiatives, legislative and candidate campaigns. In 2001, while working for Eli Lilly and Company, she focused efforts on jail diversion specialization across the U.S., initiating the Words to Deeds concept, which has developed into California's renown interdisciplinary leadership forum.

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